Alva Solomon is a Guyanese journalist who has been working in the journalism field since July 2007.

He started his career in the local Guyanese media as a proofreader with the privately-owned Stabroek News, a national newspaper of wide circulation. At the Stabroek News, Alva covered various beats including aviation, migration, oil and gas, crime, business and finance, parliamentary affairs, environmental issues, labour and worker's rights affairs among others. Given his indigenous roots, he also has a deep passion for covering indigenous rights issues and he also promotes matters relevant to Guyana's nine indigenous tribes.

In 2015, Alva started working with the state newspaper, the Guyana Chronicle and although he covered various beats, he functioned as the Online Editor for that newspaper.

He currently writes for the daily news entities in Guyana and overseas as a freelancer. Alva is the recipient of several awards including from the Pan American Health Organisation(PAHO) annual health award competition, the Guyana Press Association, the Guyana Cultural Association of New York and the Planetary Health Alliance among others. He is married and he is a father of two.